

Burrum Pomegranate Salad



Main Ingredients:

1 cup of Burrum Biodynamics Farro
1/2 cup of Burrum Biodynamics French Green Lentils
60g baby rocket or baby spinach
150g sweet potato cut into 2cm thin pieces then baked or fried
60g feta or goats cheese

Dressing Ingredients:

1/2 pomegranate seeds and juice 3 tbsp quality olive oil Juice from 1 lemon 2 tbsp red wine vinegar 1 tbsp honey

Preparation:

See how to cook farro and lentils on our website. When farro and lentils are cool mix together with the greens and sweet potato.

Mix the dressing ingredients together and pour through the salad. Scatter the cheese on top.